30 Years of Healthy Cities
- Network, Platform, Partner for Equity and Governance for Health and Well-being

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WHO European Healthy Cities Network

• Currently consists of **1400 cities / 165 million people** supported by National Healthy Cities Networks in 30 countries

• 78 WHO flagship designated cities, plus 18 applicant cities = **96 cities in total**

• Now in Phase VI (2014 – 2018) the network was founded in 1988 - it has been running for **30 years**

• Three pronged approach: political commitment; technical excellent; community participation
Key characteristics

- **Political** network – brand and movement
- **Values-driven** – equity and partnership
- **Whole-of-city** – *urban development*
- **Governance** and intersectoral action
- Global movement – WHO/Europe leading Region and model
Main challenges

• Aging populations,
• Climate change
• Environmental challenges
• Inequalities, economic & social challenges
• Migration & urbanisation
• NCDs, health threats
• Local level politicians, systems, services and spaces need to manage and respond
Priorities for action

• Strengthened accountability from WHO to cities
• Commitment to urban development with health and well-being at centre
• Healthy Cities as partners for implementation of key WHO strategic priorities
• Local level tools for implementation
• Healthy Cities and WHO European Healthy Cities Network

• Common vision for transformative action for health and well-being

• Tools to support local level change and implementation
Health 2020: strategic objectives

- Working to improve health for all and reducing the health divide
- Improving leadership, and participatory governance for health

Health 2020: four common policy priorities for health

1. Investing in health through a life-course approach and empowering people
2. Tackling Europe’s major health challenges: NCDs and communicable diseases
3. Strengthening people-centred health systems, public health capacities and emergency preparedness, surveillance and response
4. Creating resilient communities and supportive environments

World Health Organization

Healthy Cities 21st Century
Implementing the Sustainable Development Goals (SDGs) in the WHO European Region
The **Sustainable Development Goals** (SDGs) of the 2030 Agenda for Sustainable Development adopted by world leaders in September 2015 officially came into force in 2016.

The SDGs are fully aligned with Health 2020 - with goals and themes based on Health 2020, the WHO European Healthy Cities Network is well prepared to support their implementation at the local level.

The SDGs aim to end poverty, fight inequalities and build economic growth, addressing a range of social needs including education, health, social protection, and job opportunities, while tackling climate change and environmental protection.

While all goals are relevant for Healthy Cities, the SDGs include a specific goal on cities –

**Goal 11: Make cities inclusive, safe, resilient and sustainable**
Local platform for Health 2020 and the 2030 Agenda
Copenhagen Consensus of Mayors
13-14 February 2018

- 85 politicians including 43 Mayors from all over the world
- Adoption of the common vision until 2030
- Importance of NN as conveners & incubators
• Overview of the network
• Common vision for transformative action for health and well-being
• Next steps and moving towards Phase VII implementation
Supporting tools: urban green spaces
<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
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<tbody>
<tr>
<td>1</td>
<td>Current policies assessed and mapped</td>
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<tr>
<td>2</td>
<td>Health policymakers build competencies</td>
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<tr>
<td>3</td>
<td>Tools for assessing health and economic benefits</td>
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<td>4</td>
<td>Alternative scenarios tested – vision for healthy urban future articulated</td>
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<tr>
<td>5</td>
<td>Communications intensify demands for change</td>
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<td>6</td>
<td>Urban leaders act - changes in policies, air quality, climate &amp; health indicators are tracked</td>
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**Urban Health Initiative: Catalyzing Change**
Supporting tools: preparing for refugees and migrants
Supporting tools: gender health in urban planning
Supporting tools: age friendly environments

WHO Global Network for Age-friendly Cities and Communities

MEASURING THE AGE-FRIENDLINESS OF CITIES
A GUIDE TO USING CORE INDICATORS

Creating age-friendly environments in Europe
A tool for local policy-makers and planners
Supporting tools: health promoting schools

Pécs Declaration
WHO European Healthy Cities Network
Adopted 3 March 2017, Pécs, Hungary
Roadmap for 2018-2019

- **Phase VII designation opens**
  - October 2018

- **Alma Ata Summit of Mayors**
  - Almaty, 23-24 October 2018

- **Flagship Seminar City Diplomacy for Health**
  - St Petersburg 12-14 November 2018

- **Annual Meeting of National Networks**
  - Lisboa May 2019
30 years of Healthy Cities

International Conference 2018
1-4 October 2018